



CAS Proposal Form

Mission Viejo High School

This form should be completed and approved **before** beginning the activity.

You will include this form in your evidence binder.

Part One: Description of Activity

Student's Name: _____

Type of Activity: ___ Creativity ___ Action ___ Service

Dates of proposed activity: From _____ to _____

Estimated duration of commitment to activity/organization (days, months, etc.): _____

Sponsoring organization: _____

Supervisor's name: _____

Phone or email: _____

Part Two: Justification of Activity / Opportunity

Write at least one paragraph specifically stating the learning outcome(s) you plan to achieve during this CAS opportunity. Your goals should reflect your motivation for choosing this activity, and how you think this experience will affect you and/or others. How is this activity in the "spirit of CAS"? (Use the back of this form if necessary.)

Student Signature: _____ Date: _____

IB or CAS Coordinator's Signature: _____ Date: _____